

Psalm 16 New International Version

¹Keep me safe, my God,
for in you I take refuge.

²I say to the Lord, “You are my Lord;
apart from you I have no good thing.”

³I say of the holy people who are in the land,
“They are the noble ones in whom is all my delight.”

⁴Those who run after other gods will suffer more and more.
I will not pour out libations of blood to such gods
or take up their names on my lips.

⁵Lord, you alone are my portion and my cup;
you make my lot secure.

⁶The boundary lines have fallen for me in pleasant places;
surely I have a delightful inheritance.

⁷I will praise the Lord, who counsels me;
even at night my heart instructs me.

⁸I keep my eyes always on the Lord.
With him at my right hand, I will not be shaken.

⁹Therefore my heart is glad and my tongue rejoices;
my body also will rest secure,

¹⁰because you will not abandon me to the realm of the dead,
nor will you let your faithful one see decay.

¹¹You make known to me the path of life;
you will fill me with joy in your presence,
with eternal pleasures at your right hand.

We will use five tools on our expedition that are built around five questions

What questions were provoked within you?

Did anything confuse you?

Did anything move you emotionally?

Did God instruct you to do something?

Did you gain any insight into God’s character?

- David has no restriction within himself, he freely and boldly asks God to keep him safe. Are we as bold as David?
- David has become convinced it has been God who has been protecting him throughout his life.
- David has put his trust in God and fear has no place in trust.

- Setting your faith off to work is the choice of the inner heart.
- A refuge is a place of safety from all who will seek to do you harm – including yourself!
- David has come to understand that God is the only thing good about him. The rest of him is in conflict: his mind; his emotions; his will; and his body.
- Who are the holy people David is speaking of? And who are the holy people now?
- Does God delight in you?
- Why do the unfaithful holy people suffer?
- David refuses to give any part of himself to another, so called, God.
- He lives with the conviction of his declarations ‘you are my God’.
- He sees his lives blessing and favour and all of his experiences as a blessing from God, even the dark days.
- He is convinced of the eternal, delightful inheritance ahead of him.
- Even when life is not going so well for David, he still gives praise to God.
- David knows the conviction of his spirit in the night is an opportunity for God to bring revelation to him.
- He trains his eyes to focus on God.
- The knowledge of God’s presence gives David strength even in the trials.
- David’s spiritual conviction bursts into exultations, he can’t restrain himself, not any part of him. He is wanting to join in the party of celebration, his heart, his tongue, his body – David is a worshipper of God.
- He declares you will not abandon me in the realm of the dead.
- David is prophesying the reality of Jesus in the ground after his death.
- He knows God will not abandon him, nor allow him to decay, not even in death.
- Jesus Christ went into death and came out the other side!
- God shows him the pathway to life, it is in Jesus Christ and through Jesus Christ that we live and move and have our being.
- The path of Jesus Christ will fill us with joy even in the darkness of death.
- Death is not the end, eternity waits for us.
- Make sure your eternity is in Jesus Christ.