

Psalm 145^[a]

A psalm of praise. Of David.

¹ I will exalt you, my God the King; I will praise your name for ever and ever. ² Every day I will praise you and extol your name for ever and ever. ³ Great is the Lord and most worthy of praise his greatness no one can fathom.

⁴ One generation commends your works to another; they tell of your mighty acts. ⁵ They speak of the glorious splendour of your majesty—and I will meditate on your wonderful works.^[b] ⁶ They tell of the power of your awesome works— and I will proclaim your great deeds

⁷ They celebrate your abundant goodness and joyfully sing of your righteousness.

⁸ The Lord is gracious and compassionate, slow to anger and rich in love. ⁹ The Lord is good to all; he has compassion on all he has made.

¹⁰ All your works praise you, Lord; your faithful people extol you. and speak of your might, ¹² so that all people may know of your mighty acts and the glorious splendour of your kingdom.

¹³ Your kingdom is an everlasting kingdom, and your dominion endures through all generations. The Lord is trustworthy in all he promises and faithful in all he does.^[c]

¹⁴ The Lord upholds all who fall and lifts up all who are bowed down.

¹⁵ The eyes of all look to you, and you give them their food at the proper time. ¹⁶ You open your hand and satisfy the desires of every living thing. ¹⁷ The Lord is righteous in all his ways and faithful in all he does.

¹⁸ The Lord is near to all who call on him, to all who call on him in truth. ¹⁹ He fulfills the desires of those who fear him; he hears their cry and saves them. ²⁰ The Lord watches over all who love him, but all the wicked he will destroy. ²¹ My mouth will speak in praise of the Lord. Let every creature praise his holy name for ever and ever.

We will use five tools on our expedition that are built around five questions

- What questions were provoked within you?
- Did anything confuse you?
- Did anything move you emotionally?
- Did God instruct you to do something?
- Did you gain any insight into God's character?

1. How do the attributes of God described in Psalm 145 influence your view of Him?

2. How can you practically implement David's pledge to extol God every day in your own life?

- 3.** What does it mean to you that God's greatness is "unsearchable"?
- 4.** How can you actively pass on the knowledge of God's wondrous acts to the next generation, as suggested in verses 4-7?
- 5.** How have you experienced God's abundant goodness and righteousness in your life?
- 6.** Verses 8-9 describe God as slow to anger and rich in love. How does this impact your understanding of God's character?
- 7.** In the context of the present day, how do you see God's compassionate care extending to all His creations?
- 8.** How do the ideas of God's everlasting kingdom and His enduring dominion resonate with your understanding of world events?
- 9.** How does acknowledging God's support and provision, as highlighted in verses 14-16, affect your approach to personal challenges?
- 10.** Verses 17-20 contrast God's protection of those who love Him with His condemnation of the wicked. How does this influence your understanding of divine justice?
- 11.** How does the closing verse, a call for all to bless God's holy name, inspire your personal worship?
- 12.** How can the practice of daily praise, as modeled by David in this Psalm, bring transformation in your life and relationships?
- 13.** How can the values and attitudes expressed in Psalm 145 guide our responses to current social issues?
- 14.** What lessons can you draw from this Psalm to apply in your interactions with others?
- 15.** How does Psalm 145 deepen your understanding of the relationship between God's majesty and His compassionate care?
- 16.** In what ways does the psalmist's recognition of God's character as both mighty and merciful influence your faith journey?
- 17.** How can the theme of generational faith transmission in Psalm 145 be relevant in today's digital age?
- 18.** What practical steps can you take to uphold those who are falling around you, as God does according to verse 14?
- 19.** How does Psalm 145 inform your understanding of God's role in providing for our daily needs?
- 20.** How can we apply the psalmist's attitude of continual praise to God in the midst of life's challenges and triumphs?