

Psalm 63 The Thirsting Soul Satisfied in God.
A Psalm of David, when he was in the wilderness of Judah.

God, You are my God; I shall be watching for You;
My soul thirsts for You, my flesh yearns for You,
In a dry and exhausted land where there is no water.

2 So have I seen You in the sanctuary,
To see Your power and glory.

3 Because Your favor is better than life,
My lips will praise You.

4 So I will bless You as long as I live;
I will lift up my hands in Your name.

5 My soul is satisfied as with fat and fatness,
And my mouth offers praises with joyful lips.

6 When I remember You on my bed,
I meditate on You in the night watches,

7 For You have been my help
And in the shadow of Your wings I sing for joy.

8 My soul clings to You;
Your right hand takes hold of me.

9 But those who seek my life to destroy it,
Will go into the depths of the earth.

10 They will be turned over to the power of the sword;
They will be a prey for foxes.

11 But the king will rejoice in God;
Everyone who swears by Him will boast,
For the mouths of those who speak lies will be stopped.

We will use five tools on our expedition that are built around five questions
What questions were provoked within you?

Did anything confuse you?
Did anything move you emotionally?
Did God instruct you to do something?
Did you gain any insight into God's character?

Pauls observations and insights

1. To call Him God, is to declare who God is.
2. It will clarify the context of the relationship you are having with Him.
3. Knowing where you stand in a relationship is extremely important, why?
4. When David says 'My God', it is the personalising of the opportunity of connection.
5. When have you 'watched for God'?
6. We are spirit, soul and body beings.
7. For your soul, that's your mind, emotions and will, 'to thirst', is to seek refreshment from God.
8. For your 'flesh to yearn', is for you to desire with exhortation - as to drink water in a desert.
9. Davids heart connection to God was his historical claim to fame – 'a man after God's own heart'
10. Can you say, 'I've seen God in His home'?
11. David aligns his powerful Godly encounters and His glory intervention as evidence of his faith.
12. He knows the trust he has put in God has protected him through many trials.
13. Being on God's side leads to a life of adoration and heart felt praise, even in the valleys!
14. To 'bless God' is to bring Him pleasure, even as God bragged on His servant Job.
15. Uplifted hands is a position of surrender and overwhelming adoration.
16. God's name and reputation is very important to Him.
17. If we belong to God, our lives and our deeds should honour Him.
18. This works two ways because in all we do and ask, God will honour us for His name's sake.
19. To remember God at a time of rest is an opportunity to contemplate His wonderful ways.
20. Night watch is to do just that, deep into the night.
21. To meditate is to repeatedly say out loud truth about God.
22. To bring conviction to your own heart.
23. Having somewhere and someone to go to for help in your need, is to know you are loved.
24. Security is a foundational human need; without it we can't build.
25. God's wing is His protective covering, shielding us from all our enemies.

26. Joy is the energy of security, like bubbles are to champagne.
27. Our mind, emotions and will have need of God - that's if we are to think right, feel right and do right.
28. To cling, is to refuse to let go of the hold you have of God - the woman touched His clothes.
29. Gods right hand is His strong hand no one is going to harm you
30. Enemies of God are our enemies too and if we remain faithful to God our enemies become God's enemies too.
31. The depth of the earth is the pit of Sheol.
32. It's the place of disembodied spirits, where the dead wait for judgement,
33. Gehenna, just outside Jerusalem, is used to depict the place of the deep dungeon.
34. God's enemies, in the end, are always turned over to death.
35. The fox is the cunning one who torments and tortures without mercy.
36. Despite David at this time not being king, he calls himself king, he knows he will be restored.
37. He knows his victory of recovery, lies in him remaining faithful to God through this trial.
38. 'To swear' is to make an oath, or a declaration of truth, in Gods saving power to restore.
39. All your deceivers will lose the ability to lie, for they will be no more.